

ME·VA·ME

KITCHEN EXPRESS

TAKE OUT
MENU

LAFFA WRAPS \$11.95

- FALAFEL
- GRILLED VEGETABLES
- CHICKEN SHAWARMA
- CHICKEN SCHNITZEL
- GRILLED CHICKEN BREAST
- GRILLED LAMB BURGER STICKS

½ LAFFA
With your choice of Soup or Salad. \$11.95

ADD HOMEMADE KETTLE CHIPS \$1.25



FILLINGS

- Hummus
- Red Cabbage
- Salad Mix
- Turnips
- Sliced Tomatoes
- Onion Herb Mix
- Dill Pickles
- Banana Peppers

SAUCES

- Tahini
 - Tzatziki
 - Chipotle
 - Creamy Garlic
 - Hot Sauce
 - Amba
- (Tangy pickled mango sauce that works miracles inside a sandwich)



ON HUMMUS

Served with freshly baked laffa bread.

GRILLED MUSHROOMS ON HUMMUS \$11.45

Champignon mushrooms, cubed onions and lemon, grilled on an open flame. Seasoned with fresh thyme, garlic and olive oil served on hummus.

CHICKEN SHAWARMA ON HUMMUS \$12.45

Marinated boneless chicken with our special seasoning, slowly roasted and sliced from our rotating spit, served on hummus.



SOUPS

DAILY VEGGIE SOUP 8oz - \$4.25 / 12oz - \$6.25
(Ask for the soup of the day)

CHICKEN LENTIL SOUP 8oz - \$4.50 / 12oz - \$6.75
Red lentil, chicken and bulgur (cracked wheat).

BEEF BARLEY SOUP 8oz - \$4.50 / 12oz - \$6.75
Certified Angus Beef, pearl barley and vegetables.



SALADS

ME SALAD \$7.45

Spring greens mix, tomatoes, cucumber, red onion, red beets, and carrots, served with our signature ME dressing.

GREEK SALAD \$8.45

Iceberg lettuce, peppers, red onions, tomatoes, cucumbers, Kalamata olives and feta cheese tossed with our homemade Greek dressing.

CAESAR SALAD \$8.45

Crisp hearts of romaine lettuce, fresh pita croutons, carved Parmesan cheese, served with our own Caesar dressing.

QUINOA SALAD \$9.45

Grains of quinoa tossed with fried eggplant, feta cheese, fresh mint, cherry tomatoes, green onions and spinach. Mixed with lemon juice and olive oil.

VEGETARIAN HEAVEN \$12.45

Our Delightful Signature Flavours Served with three falafel balls, ME Salad, grilled vegetables, Hummus, Baba Ganush and Labaneh & Za'atar. Served with freshly baked laffa bread.

UPGRADE YOUR SALAD

ADD 2 MINI SKEWERS

- Grilled Chicken Breast \$6.25
- Grilled Chicken Dark \$6.25
- Grilled Lamb \$7.95
- Grilled Beef \$7.95
- Grilled Salmon \$7.95

OR ADD 1 OF OUR SPECIALITIES

- Schnitzel Fingers / 2pcs \$6.25
- Chicken Shawarma / 5oz \$6.25
- Grilled Lamb Burger Sticks / 2pcs \$6.25
- Falafel / 4pcs \$4.25



1. CHOOSE 1 MAIN

FALAFEL 6pcs - \$13.95

Crispy fried balls of ground chickpeas mixed with herbs and spices, served with Tahini sauce.

CHICKEN SHAWARMA \$17.75

Marinated boneless chicken with our special seasoning slowly roasted and sliced from our rotating spit. Served with Tahini sauce.

CHICKEN SCHNITZEL \$17.75

Tender chicken breast butterflied and coated in breadcrumbs with a touch of sesame seeds. Served with fresh lemon and our signature schnitzel sauce on the side.

GRILLED LAMB BURGER STICKS 3pcs - \$17.75

Minced lamb and veal marinated with spices, herbs and grilled to perfection.

GRILLED CHICKEN BREAST SKEWERS \$17.75

Tender pieces of boneless chicken breast with our special seasoning.

GRILLED CHICKEN DARK SKEWERS \$17.75

Tender pieces of boneless chicken thigh marinated with our special seasoning.

GRILLED LAMB SKEWERS \$19.25

Pieces of lean lamb marinated and grilled the way you like it.

GRILLED BEEF SKEWERS \$19.25

Pieces of tenderloin beef aged for 28 days, marinated and grilled to perfection.

GRILLED SALMON SKEWERS 8oz - \$19.25

Grilled Atlantic salmon skewers with onions. Served with fresh lemon on the side.



THE BOX

2. CHOOSE 1 SIDE

- Aged Basmati Rice
- Fresh Grilled Vegetables & Herbs
- Potato Wedges with Dill & Garlic
- French Fries

3. CHOOSE 1 SALAD

- **ME** Salad
- Greek Salad (\$1.25 Extra)
- Caesar Salad (\$1.25 Extra)

Served with freshly baked laffa bread.

PLATTERS

LAFFA WRAP

Freshly baked laffa wraps with your choice of Falafel, Chicken Shawarma, Chicken Schnitzel, Grilled Chicken Breast and Lamb Burger Sticks spread with hummus and filled with salad, pickles, onion herb mix, served with variety of sauces.

Small platter served with 12, ½ Laffa Wraps - \$80

Large platter served with 24, ½ Laffa Wraps - \$160

VEGETABLE DIP

Choose Your Signature Dip: Hummus, Baba Ganoush or Labaneh & Za'atar

Our vegetable selection includes: celery, carrots, broccoli, bell peppers, cherry tomatoes or other seasonal fresh vegetables.

Small platter serves 10 - 12 people - \$32

Large platter serves 22 – 24 people - \$60

SIGNATURE DIPS COMBO

Enjoy our signature dips in one platter for your gathering. Recommended: Hummus, Baba Ganoush, fried eggplant, Labaneh & Za'atar and complimentary Harrisa hot sauce. Or you can select any of our signature dips.

Small platter serves 8 people (36oz) - \$24

Large platter serves 16 people (70oz) - \$48

HOT & CRISPY COMBO

Triple the Crunch. Served with: Falafel, Moroccan Cigars and Spinach and Double Cheese Triangles. Served with Tahini sauce, creamy garlic and Chipotle sauce.

Small platter served with 30pcs - \$45

Large platter served with 60pcs - \$90

Our selection of platters that offer great variety of flavours and have something for everyone. Our platters will entertain any occasion.



HOME & CORPORATE CATERING

SIGNATURE DIPS

Our signature dips are made in house using traditional recipes with great care for freshness and flavour, guaranteed to complement your meal.

4oz - \$3.25 / 8oz - \$6.45 / 16oz - \$10.45

LABANEH & ZA'ATAR

A Mediterranean classic, rich and flavourful strained yogurt cheese, sour in taste, healthy in choice, garnished with Za'atar, Mediterranean mixed herbs and extra virgin olive oil.

HUMMUS

Creamy puree of chickpeas and Tahini sauce seasoned with lemon juice and garlic.

BABA GANOUSH

Eggplant on open flame, pureed and mixed with mayonnaise, lemon juice and garlic.

FRIED EGGPLANT

Fried eggplant and onions mixed with a rich tomato sauce.

RED CABBAGE

Shredded red cabbage mixed with mayonnaise and seasoning.

5OZ
HOT SAUCE
Chili peppers mixed
with herbs & spices
\$3.95

LAFFA BREAD

S - \$1.45 / L - \$2.55

Laffa is a flat bread wrap that is baked fresh to order in a taboon clay oven.

HOT & CRISPY

Open your appetite with our crunchy Hot & Crispy selection.

FALAFEL

Crispy fried balls of ground chickpeas mixed with herbs and spices, served with Tahini sauce.

6pcs - \$6.45 / 12pcs - \$11.45

MOROCCAN CIGARS

Fried cigar-shaped pastry shell filled with spicy beef, served with Tahini sauce.

6pcs - \$9.75 / 12pcs - \$17.75

SPINACH & DOUBLE CHEESE TRIANGLES

Fried triangle shaped pastry filled with Feta cheese, Mozzarella cheese, spinach, onion and garlic. Served with creamy garlic.

6pcs - \$10.25 / 12pcs - \$19.25



MAINS

Create your home, corporate or party menu with our mouth-watering selections of mains, sides, and salads.

GRILLED SKEWERS

GRILLED CHICKEN BREAST SKEWER \$3.95/each

2-3per person

GRILLED CHICKEN DARK SKEWER \$3.95/each

2-3per person

GRILLED BEEF SKEWER \$5.25/each

2-3per person

GRILLED LAMB SKEWER \$5.25/each

2-3per person

GRILLED SALMON SKEWER \$5.25/each

2-3per person

OUR SPECIALITIES

SHAWARMA (By the pound) \$23.45/lb

2-4people

CHICKEN SCHNITZEL FINGER \$3.95/each

2-3per person

GRILLED LAMB BURGERS STICK \$3.95/each

2-3per person

SALADS

M: 3-6ppl / L: 8-12ppl / XL: 18-22ppl

ME SALAD

M: \$8.45 / L: \$15.95 / XL: \$29.95

GREEK SALAD

M: \$9.45 / L: \$17.95 / XL: \$33.95

CAESAR SALAD

M: \$9.45 / L: \$17.95 / XL: \$33.95

SIDES

M: 3-5ppl / L: 6-10ppl / XL: 12-18ppl

AGED BASMATI RICE

M: \$6.45 / L: \$10.75 / XL: \$20.25

FRENCH FRIES

M: \$6.45 / L: \$10.75 / XL: \$20.25

POTATO WEDGES WITH FRESH DILL AND GARLIC

M: \$8.45 / L: \$15.95 / XL: \$30.95

GRILLED FRESH SEASONAL VEGETABLES WITH THYME & GARLIC

M: \$8.45 / L: \$15.95 / XL: \$30.95

BRING ME TO YOUR TABLE

Menu items and prices may vary by locations.
Products are prepared in a facility where allergens are present.

BRING ME TO YOUR NEXT HOME & CORPORATE CATERING



MEVAMEKITCHENEXPRESS.COM



**600 UNIVERSITY AVE
MT. SINAI HOSPITAL, TORONTO
416 599 9222**

**2921 MAJOR MACKENZIE DR. WEST
VAUGHAN, L6A 3N9
905 303 0389**

**860 YORK MILLS RD
NORTH YORK, M3B 1Y4
416 441 2000**

**240 QUEEN ST. WEST
TORONTO, M5V 1Z7
416 546 3770**

**169 ENTERPRISE BLVD
MARKHAM, L6G 0E7
905 413 1818**